

Can Medicinal Cannabis Help Fibromyalgia Sufferers?

People with fibromyalgia experience widespread pain, tenderness and severe fatigue. They can also have sleep problems, depression, anxiety, headaches, memory issues and gastrointestinal concerns. Fibromyalgia is baffling to both patients and doctors. It causes severe physical discomfort and psychological distress, and has a detrimental effect on the quality of life for those who have it.

Clinical trial to aid fibromyalgia sufferers

Researchers at Southern Cross University and Griffith University are conducting a clinical trial to determine whether medicinal cannabis can reduce pain and other symptoms in people with fibromyalgia.

Information about the clinical trial

This trial involves participation in a randomised placebo-controlled clinical trial. This means there are two groups, and each group receives a different treatment - the 'real' medicinal cannabis product or the placebo, which looks, smells and tastes just like the 'real' product, but does not contain any active ingredients.

The product being tested is the oral medicinal cannabis oil with a 1:1 ratio of cannabidiol (CBD) to tetrahydrocannabinol (THC). Recent research has suggested that medicinal cannabis may help people with fibromyalgia by improving pain and quality of life.

The trial will be conducted at Clinical Trial Unit, Griffith University, Gold Coast Campus (QLD). Our goal is to include 36 people in the study.

Participants will initially take the product for 4 weeks to determine the right dosage, then continue taking it for another 12 weeks to see if medicinal cannabis reduces pain and other fibromyalgia-related symptoms.

Who are we seeking?

We are seeking individuals who are at least 18 years old and have been officially diagnosed with fibromyalgia by a medical professional.

Further information

For further information about the trial and the trial location, please visit the following website. We invite you to complete the screening survey, and provide your contact details.

<https://redcap.link/CANN-RELIEF>

Alternatively, use the QR code below. You can also contact our lead researcher below. The participant information sheet can be obtained by emailing ncnmtrials@scu.edu.au.

Contact

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This project has been approved by the Southern Cross University Human Research Ethics Committee, SCU HREC No: 2022/146 and the Griffith University Human Research Ethics Committee, GU HREC No: 2023/137