

Australian Catholic University – Occupational Therapy Rheumatology Clinic.

Location: Australian Catholic University Health Clinic, 8 Approach Road, Banyo Queensland 4014

Date: Commencing November 2016 (additional clinics to be run in March, June and November 2017)

Contact: Tel: 07 3623 7740 – Fax: 07 3622 9007

The Australian Catholic University's (ACU) Occupational Therapy Rheumatology Clinic is for adults (18yr +) who have a diagnosis of rheumatoid arthritis that is impacting on their life, whether it be at home, work or socially. ACU occupational therapy students will run the clinic under the supervision of a registered occupational therapist.

Individual Consultations

People can book for individual Occupational Therapy consultations to identify personal goals related to living with Rheumatoid Arthritis. People will then work with the OT to progress these goals during the clinic. **Cost: \$15.00 per consultation.**

Self-Management Group Program

People are also encouraged to attend a series of information sessions that will cover key areas such pain management, exercise and movement options, joint protection, fatigue management, choosing appropriate equipment, diet and nutrition. **\$20.00 for Group Program.**

People are encouraged to attend both individual and group sessions to achieve maximum benefit from this clinic. Payments are to be made at commencement of service.

Referrals:

People can self-refer or be referred by any allied health or medical practitioner.

For more information on this clinic, phone ACU's Health Clinic on (07) 3623 7740.