

CHRONIC DISEASE SELF MANAGEMENT PROGRAM (CDSMP)

**4 DAY
LEADER TRAINING WORKSHOPS**

Dates: Monday 4th to Thursday 7th October 2010

Time: 8.30am - 4.00pm each day

Venue: Blue Care
56 Sylvan Rd
Toowong

Cost: \$830.00 (incl GST)

This training workshop will train leaders to conduct self management courses in their communities. The community self management courses are designed to help individuals with chronic diseases to manage their health through goal setting, problem solving, sharing of experiences, education and information.

The training workshop is open to both health professionals and lay leaders.

For an application form and more information on the course and licensing visit:
http://www.arthritis.org.au/page/Health_Professionals/Self-Management/
or call Jann Anderssen on (07) 3857 4200.

PLEASE NOTE: Your organisation **MUST** be licensed by Stanford University for you to be eligible for this training course.