



People with neck pain wanted!

James Cook University is currently recruiting volunteers to participate in a research project - which investigates the relationship between pillow use, neck symptoms and quality of life in people with osteoarthritis (OA) and rheumatoid arthritis (RA) of their neck.

What's involved?

Programme

- Screening survey to make sure you are eligible to participate in the study
- Three diaries, one while sleeping on your usual pillow and one for each of the two pillows included in this trial
- Prior to commencing the diary and after completion of the diary for each pillow you will be required to fill in two questionnaires and have your neck movement measured

If you have any questions regarding this study please contact:

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If you have any questions regarding the ethical conduct of the research project, please contact:

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**Your consideration of this study is very important to us and appreciated.
Thank you for your time**